

# **Certificate IV in Bowen Therapy** 10846NAT



Bowen Training Australia offers a unique opportunity to learn 'Bowtech™ The Original Bowen Technique' and join an international network of Bowenwork™ practitioners which is influencing healthcare in nearly every country worldwide.

# bowentraining.com.au

# What is Bowen Therapy?

Bowen therapy is a gentle, non-invasive, soft-tissue remedial therapy, based on the work of the late Thomas Ambrose Bowen (1916 - 1982).

### **Flexible Study Options**

Distance learning, plus face-to-face modules

### **Course Duration**

Part-time over a minimum of 12 months and a maximum of 18 months

## **Course Start Dates**

Courses run continuously in many locations around Australia throughout the year

Visit **www.bowentraining.com.au** to find a course near you.

### **Course Entry Requirements**

Applicants must be aged 18 years or over

No prior bodywork experience required

## **Course Requirements**

Internet access is required to download distance units

Access to an electronic device with the Microsoft Suite - Word (2013 or later), PowerPoint and Excel

## **Payment Options**

Pay As You Go, only paying for what you enrol into

## No upfront costs

Government funding available to those who are eligible see page (3)

# A Bowen Therapist's methodology

Using minimal touch, a practitioner makes gentle, precise, Bowen moves over tendons, muscles, and nerve bundles. These Bowen moves help to bring the body into balance, thereby promoting healing and wellbeing.

Bowen therapy is appropriate for people of all ages, in all degrees of health.

# Why study Bowtech Bowen with Bowen Training Australia?

Having been the industry standard for Bowen therapy since it was first taught in December 1986, courses have been continually upgraded and evolved to meet the high quality standards of education in Australia, whilst maintaining the integrity of the original Bowtech technique.

Completion of the only nationally recognised Bowen course offered in Australia<sup>\*</sup>, enables you to practice as a Bowen therapist in Australia.

### We Offer

- Small classes to support your learning
- Hands-on tuition for all body
   work units
- Distance learning for assessments

## Testimonial

"Studying Bowen has enabled me to leave what has been my career for the last 25 years and start a new path that mirrors how I feel about life, health and healing.

I look forward to developing further in this amazing modality, meeting other practitioners and continuing to be inspired by how Bowen has changed people's quality of life."



Brent Manuel Certificate IV in Bowen Therapy Graduate

\*As of 1 April 2015, Bowen Training Australia offers the only nationally recognised Bowen therapy training in Australia.

# HOW TO APPLY?

Visit **www.bowentraining.com.au** to find a Module 1 class near you Click "Register Now" to register directly with your Trainer and Assessor

# Course Information Certificate IV in Bowen Therapy 10846NAT

## **Course Recognition**



The Certificate IV in Bowen Therapy is nationally recognised with the Australian Skills Quality Authority (ASQA). The Australian Skills Quality Authority (ASQA) is the national regulator for Australia's vocational education and training sector.

Once you have graduated and received your qualification, you are eligible to join the Bowen Association of Australia, the practitioner association providing professional guidelines, recognition and support for Bowen therapists in Australia.

# Recognition of Prior Learning (RPL)

A student may be eligible to gain recognition for previous learning or skills development gained through work and life experiences.

## **Credit Transfer (CT)**

A student may obtain recognition by BTA for the 'formal' study they have previously completed that is relevant to the Certificate IV in Bowen Therapy.

For further information on CT or RPL please refer to this link on the website: https://bowentraining. com.au/bta-courses/recognitionof-prior-learning/Assessments

You will be assessed on an ongoing basis throughout your training via practical and written in-class assessments, including Logbook, Reflection and Case Studies. There are 12 assessments to be completed via distance learning.

## Study time

We recommend allowing 10 hours study per week for at home learning tasks, including assessments, reading, and homework tasks.

## Funding for Student Fees

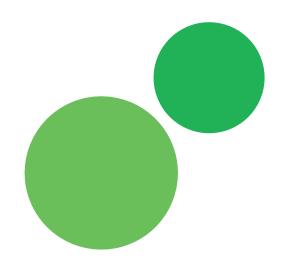
Students considering income support such as **Youth allowance** or **Austudy** for Certificate IV in Bowen Therapy 10846NAT should contact Centrelink to discuss eligibility.

Please approach the office prior to enrolling if you would like to explore the option for government funding assistance.

Your Trainer and Assessor will inform BTA and a standard letter from the College will be emailed to you to take to Centrelink to confirm your enrolment with the college.

### Skills Checkpoint for Older Workers Program

The Australian Government provides up to \$2,000 (incl. GST) to co-fund training to help mature age Australians to update their skills and remain in the workforce longer. See details on our website **here**.



# HOW TO APPLY?

Visit www.bowentraining.com.au to find a Module 1 class near you Click "Register Now" to register directly with your Trainer and Assessor

# Course Information Certificate IV in Bowen Therapy 10846NAT

## **Study Breakdown**

### **Practical In-Class Modules**

This comprises 7, 2-day, Trainer and Assessor-led classroom modules that need to be completed in sequence. Module 1 introduces you to the Bowen moves, relaxation procedures and the power of Bowen as a healing modality. Modules 2 to 7 take you step by step through the Bowen training, introducing new procedures to address a wide range of problems that clients may present with. Each Module is delivered over 2 days, with each training day considered to be 8 hours.

## **Distance learning**

Also referred to as "training package units" in our course competencies, there are 8 units to be completed through 12 distance learning assessments.

## You Will Need

Internet access is required to download distance units. Access to an electronic device with the Microsoft suite - Word (2013 or later), PowerPoint and Excel.

To assist your learning journey, support is available from your Trainer and Assessor and BTA assessors.

## **Testimonial**

"A life changing moment set me on my path to learn Bowen back in 1998. Bowen treats the whole body on so many levels with amazing results. After some time away, I resumed study in 2012 to find that BTA had not only preserved the integrity of this wonderful modality, they enhanced the learning, allowing students to form a solid foundation as a Bowen professional. I cannot wait to see where my journey goes and cannot thank the instructors, BTA and Bowen practitioners enough for their support in keeping the journey exhilarating. I look forward to a lifetime of learning in Bowen Therapy. Everybody is better with Bowen!"



**Cher Capra** Certificate IV in Bowen Therapy Graduate



# HOW TO APPLY?

Visit www.bowentraining.com.au to find a Module 1 class near you Click "Register Now" to register directly with your Trainer and Assessor

# Course Information Certificate IV in Bowen Therapy 10846NAT

# **Career Opportunities**

- Working in your own private practice
- Joining an established natural therapies or allied health clinic
- Using Bowen therapy as an adjunct modality in an existing health practice. Many of our Bowen therapists also work as physiotherapists, occupational therapists, massage/bodywork practitioners, yoga instructors, sports therapists, personal trainers, nurses or midwives, naturopaths, and complementary medicine practitioners.
- Specialist areas of interest include: chronic conditions, working with the elderly, babies and children, pre and post-natal care, sports and personal training, stress management, trauma, body-mind aspects, rehabilitation and more.

## **Continuing Education**

On successful completion of the Certificate IV in Bowen Therapy 10846NAT you are eligible to commence the Diploma of Specialised Bowen Therapy 10847NAT, to further develop your skills and knowledge at a more advanced level. The Diploma is designed to enhance your practice and understanding of Bowenwork, through additional procedures, assessment skills, specialised tests, rehabilitation and common pathologies.

Additionally, Bowen Training Australia offers a wide range of continuing education workshops. While these workshops are not part of the nationally recognised training, they are Bowtech-accredited and eligible for Continuing Education points with Bowen Association Australia.



Client session \$90	After 30% Business Expenses	Contact Time	Based on 48 weeks *Based on single clinic room usage. Bowen Practitioners can work multiple rooms.
10 clients a week	\$630	1.5 days	\$30,240
20 clients a week	\$1,260	2.5 days	\$60,480
40 clients a week	\$2,520	5 days (full time)	\$120,960

Infographic represents possible earning potential and is not guaranteed income after graduation.

# HOW TO APPLY?

Visit www.bowentraining.com.au to find a Module 1 class near you Click "Register Now" to register directly with your Trainer and Assessor

# **Mode of Delivery**

## 1. Distance learning

The BTA Distance learning aligns to the Nationally Recognised Units of Competency as per below table:

Nationally Reco	gnised Units of Competency	BTA Distance Online learning	
HLTAAP002	Confirm physical health status	Anotore and Dhusislam 1.0	
BSBMED301	Interpret and apply medical terminology appropriately	<ul> <li>Anatomy and Physiology 1-3</li> <li>Anatomy and Physiology 4-6</li> </ul>	
CHCCOM006	Establish and manage client relationships		
CHCPRP005	Engage with health professionals and the health system	Communication and Referrals 1-2	
BSBESB401	Research and develop business plans	Research and Develop Business Plans	
HLTWHS001	Participate in workplace health and safety	Workplace Health & Safety	
HLTINF006	Apply basic principles and practices of infection prevention and control	Infection Control	
NAT10846001	Work within a Bowen Therapy framework	Work within a Bowen Therapy framework	
HLTAID011 PLEASE NOTE			

## 2. Practical learning

The Nationally Recognised Units of Competency apply to all of the BTA Practical In-Class learning as per below table:

Nationally Recognised Units of Competency		BTA Practical Learning
NAT10846002	Perform Bowen Therapy assessment	Practical Module 1 Practical Module 2
NAT10846003	Perform Bowen Therapy treatments	Practical Module 3 Practical Module 4 Practical Module 5
BSBTWK201	Work effectively with others	<ul> <li>Practical Module 5</li> <li>Practical Module 6</li> <li>Practical Module 7</li> <li>Case studies (10) – A record of progress over 3 consecutive treatments</li> <li>Logbook – A record of Practical experience of 100 hours of treatments completed outside of class.</li> </ul>

HOW TO APPLY? Visit www.bowentraining.com.au to find a Module 1 class near you Click "Register Now" to register directly with your Trainer and Assessor



# **Bowen Training Australia**

Bowen Training Australia is the only Bowen training organisation in Australia that grants you Nationally Recognised qualifications, allowing you to practice as a qualified Bowen Therapist.

National Accreditation is granted for both the Certificate IV in Bowen Therapy 10846NAT and Diploma of Specialised Bowen Therapy 10847NAT.

# CERTIFICATE IV OVERVIEW

The specialised Bowen training for Certificate IV in Bowen Therapy is taught by qualified Trainers and Assessors based around Australia. Please visit <u>http://www.bowentraining.com.au</u> to locate a course and Trainer and Assessor near you.

## **COURSE STRUCTURE & TUITION FEES:**

We have flexible ways to study and pay as you go options available. Please read on for more information. For those enrolling a substantial time before their first practical module, this training plan will be adjusted to keep you on track with your theory studies until practical classes begin.

Enrolment Phase (10 'Packs')	2023 Tuition Fees	Enrolment Unit Inclusions Theory Units must be completed in line with the Student Training Plan	Unit Fee	Example Timetable
Preparation Theory	\$240	Workplace Health and Safety Infection Control	\$120 \$120	Jan-23
Module 1 Pack (Includes training deposit)	\$1170	Pre-pay Module 7 (Practical Insurance)	\$540 \$10 \$70 \$540 \$10	Feb-23
Module 2 Pack	\$735	Practical Bowen Therapy - Module 2 (Practical Insurance) Anatomy and Physiology 1	\$540 \$10 \$185	Apr-23
Module 3 Pack	\$735	Practical Bowen Therapy - Module 3 (Practical Insurance) Anatomy and Physiology 2	\$540 \$10 \$185	Jul-23
Module 4 Pack	\$695	(Practical Insurance)	\$540 \$10 \$145	Sep-23
Module 5 Pack	\$735	Practical Bowen Therapy - Module 5 (Practical Insurance) Anatomy and Physiology 3	\$540 \$10 \$185	Nov-23
Module 6 Pack	\$735	Practical Bowen Therapy - Module 6 (Practical Insurance) Anatomy and Physiology 4	\$540 \$10 \$185	Jan-24
Module 7 Pack	\$225	Practical Bowen Therapy - Module 7 (Practical Insurance) Communications (CR1) Establish and manage client relationships	Pre-paid Pre-paid \$225	Feb-24
Advanced Theory	\$595	Anatomy and Physiology 5 Anatomy and Physiology 6 Communications (CR2) - Referrals Engage with health professionals and the health system	\$185 \$185 \$225	Apr-24
Business Theory	\$335	Research and Develop Business Plans	\$335	Jun-24
Total	\$6,200		<u> </u>	

Bowen Training Australia



# **Bowen Training Australia**

### **ENTRY REQUIREMENTS**

Applicants must be aged 18 years or over and have access and the ability to use suitable technology to complete the assessments for this qualification. Distance theory components require access to an internet-enabled device with Microsoft Word.

## CERTIFICATE IV IN BOWEN THERAPY IS DIVIDED INTO TWO MODES OF LEARNING: PRACTICAL LEARNING & DISTANCE LEARNING

#### **PRACTICAL MODULES**

- Comprised of seven, two-day, Trainer and Assessor-led classroom modules that are completed sequentially.
- Modules 1 to 7 take the student step by step through the Bowen training, introducing new procedures to address a wide range of problems that clients may present with.
- Each Module is delivered over **two days**, with each training day considered to be **8 hours**.
- 100 Logbook hours to be completed outside of class students are required to locate a minimum of 10 people to work on for the 100 Logbook hours.
- The treatments used as part of the Logbook hours must not be used for the 10 Case Studies.

The Nationally Recognised Units of Competency apply to **all** of the BTA Practical In-Class learning as per below table:

BTA PRACTICAL LEARNING	NATIONALLY RECOGNISED UNITS OF COMPETENCY	PRACTICAL ASSESSMENT REQUIREMENTS
Practical Module 1	NAT10846002 Perform Bowen Therapy	Module 7
Practical Module 2	assessment	Case studies (10) – A record of
Practical Module 3		progress over 3 consecutive
Practical Module 4	NAT10846003 Perform Bowen Therapy	treatments
Practical Module 5	treatments	Logbook – A record of practical experience of 100 hours of
Practical Module 6		treatments completed outside of
Practical Module 7	BSBTWK201 Work effectively with others	class.

### **DISTANCE EDUCATION UNITS**

There are a number of theory units to be completed via distance learning. The BTA Distance learning aligns to the Nationally Recognised Units of Competency as per below table:

SUBJECTS		ASSESSMENTS
Anatomy & Physiology 1- 6	HLTAAP002 Confirm physical health status BSBMED301 Interpret and apply medical terminology appropriately	6 Assessments
Work within a Bowen Therapy Framework	NAT10846001 Work within a Bowen Therapy framework.	1 Assessment
Infection Control	HLTINF006 Apply basic principles and practices of infection prevention and control	1 Assessment
Workplace Health & Safety	HLTWHS001 Participate in workplace health and safety	1 Assessment
Research and Develop Business Plans	BSBESB401 Research and Develop Business Plans	1 Assessment
Communications & Referrals	CHCCOM006 Establish and manage client relationships CHCPRP005 Engage with health professionals and the health system	2 Assessments
First Aid	HLTAID011 Provide First Aid NOTE: This must be completed through an External Provider. This is not provide	ded by BTA



# **Bowen Training Australia**

#### YOU WILL NEED:

- Internet access is required to download the distance learning
- Access to a computer with the Microsoft Suite (minimum 2013) Word and Excel

#### **REQUIRED TEXTBOOKS TO COMPLETE YOUR STUDIES:**

- 'Essentials of Human Anatomy & Physiology.' Author: Elaine N. Marieb
- 'Anatomy & Physiology Colouring Workbook: A Complete Study Guide.' Author: Elaine N. Marieb
   https://www.bookdepository.com/ or http://www.booktopia.com.au
  - 'The Muscular System Manual: The Skeletal Muscles of the Human Body <u>https://www.elsevierhealth.com.au/the-muscular-system-manual-9780323327701.html</u>

## 10846NAT CERTIFICATE IV IN BOWEN THERAPY – 2023 FEE STRUCTURE

Bowen Training Australia provides flexible payment and course completion for students:

#### Pay As You Go:

Students enrol and pay for components as they progress. Components must be paid in full and theory and practical work should be completed together to ensure course completion. Students pay the Trainer and Assessor for the practical classes and purchase the theory units via the online link provided to them. A one-time training deposit is payable to your trainer at Module 1 to secure your place in the practical classes. This is **non-refundable** but is transferred to cover your full fee for attending Module 7.

Course costs are current at time of distribution for the study period of 2023 onwards. Bowen Training Australia reserves the right to alter course costs at any time.

Practical Module Fee: Practical classroom delivery

Module fee to be paid to Trainer and Assessor when booking each module

Total Cost for Practical Components	\$3,920
<b>Distance Learning Fee</b> : available online <u>https://bowentraining.com.au/our-shop/</u> Payment is made when purchasing a subject from the online store	
Total for Training Package Theory Components	\$2,280
Total Fee to Student for Certificate IV in Bowen Therapy	\$6,200

## RECOGNITION OF LEARNING

**Recognition of Prior Learning (RPL)** 

A student may be eligible to gain recognition for previous learning or skills development gained through work and life experiences. The student must contact the BTA office to begin this process.

### **Credit Transfer (CT)**

A student may obtain recognition by BTA for the 'formal' study they have previously completed that is relevant to the Certificate IV Bowen Therapy. The student must contact the BTA office to begin this process.

For further information on CT or RPL please refer to this link on the website: <u>https://bowentraining.com.au/course/recognition-of-prior-learning/</u>

## TURNAROUND TIMEFRAMES

Student Enquiries: Student enquiries are processed within a 24-hour turnaround.

Assessment Marking: The marking of your assessments can take a maximum of 21 business days. Once marked, your results will be sent to you via email in an attached document.

**Qualification:** Certificate Issuance can take a maximum of 30 calendar days. Once issued, an electronic copy of your qualification will be sent via email and the hard copy will be posted to your residential address.



# TRAINING SCHEDULE OPTIONS

## **Required Completion Timeframe & Study Commitment**

Practical Modules and Distance learning units will be completed concurrently and according to the Training Plan issued at enrolment. Students who complete the tasks at a faster pace can continue to work through the remainder of the tasks listed on your Training Plan, with the exception of Work Within a Bowen Therapy Framework, Anatomy workbooks 4, 5 and 6, as you will need to have knowledge learnt from your Module 4, 5, 6, practical classes to complete these assessment tasks.

**PLEASE NOTE:** Students will not be able to move to the next practical module if they have not purchased and are working on **or** completed the assessment tasks relating to their training plan.

The Certificate IV in Bowen Therapy **must** be completed within **18 months**. This timeframe allows plenty of time to revise and consolidate techniques between modules. The minimum time for completion of the 7 practical modules is the equivalent of **one Module Pack per 8 weeks**. We recommend each student should complete their practical modules within 12 months as per the Training Plan. The completion of the logbook hours and case studies may take longer. Students will be required to complete the theory units alongside the practical modules as outlined in the Training Plan.

PLEASE NOTE: Minimum class numbers are required for the classes to go ahead.

### TAKING THE FIRST STEP

- Step 1: Contact your preferred Trainer and Assessor via phone or email and attach the completed Expression of Interest form (attached). Contact Details found on the instructor page of our website: <u>https://bowentraining.com.au/about/bta-trainers-and-assessors/</u>
- Step 2: Your Trainer and Assessor will email the enrolment kit to you. Complete the enrolment forms below and email to your Trainer and Assessor with a cc to <u>studentservices@bowentraining.com.au</u>
  - Pre-Enrolment Questionnaire
  - Enrolment Form
  - Terms and Conditions
  - Language Literacy and Numeracy
- Step 3: Once enrolled you will receive an email with your Welcome Letter and Training Plan attached. This will give you access to purchase and compete your preparation theory units prior to attendance of Module 1.
- Step 4: We recommended confirming your Module 1 attendance with your Trainer and Assessor to ensure you have received all the relevant information as to time, location and what to bring to your class.

Step 5: You're enrolled and ready to begin your new journey!

## FUNDING FOR STUDENT FEES

Students considering income support such as **Youth allowance** or **Austudy** should contact Centrelink to discuss eligibility.

Students considering income support such as **Skills Checkpoint for Older Workers Program** should contact Skills Checkpoint to discuss eligibility. The Australian Government provides up to \$2,000 (incl. GST) to co-fund training to help mature age Australians to update their skills and remain in the workforce longer.

# Prior to enrolment, please inform the office if you would like to explore the option for Centrelink or Skills Checkpoint assistance.

Bowen Training Australia wishes you all the success on your Bowen journey.

# "Every body is better with Bowen"



# **CERTIFICATE IV IN BOWEN THERAPY 10846NAT**

# **EXPRESSION OF INTEREST**

Please complete this form and return via email to confirm your interest in proceeding with study:

Name	
Phone	
Email	

I would like to become a student with Bowen Training Australia		
Chosen Date:		
Chosen Location:		
Qualification:		
Payment Option:	Pay as I go	
Study Plan	Part Time (18 months) / Fast Track (12-15 months)	
<b>Note:</b> Access to distance learning will be made available immediately to commence your studies. Your <b>Welcome letter</b> will include access details for our online store. Please ensure you read this carefully as it contains important information to complete your studies.		

How did you hear about this course? (tick below)				
	Website		Newspaper	
	Social Media		Workplace	
	Friend/Family		Ехро	
	Natural Therapies Page		Other:	

Do you have any prior knowledge of Bowen therapy? (tick below)				
	Yes		No	